

# ORGANIC AROMACHOLOGY

## LIVING ESSENCE COLLECTION

History's most advanced ancient civilizations, the Egyptians, Greeks, Romans and Chinese all relied upon nature's herbal bounty to increase and maintain their mental, physical and spritiual health. Freshly cultivated, the essential oils in our Living Essence Collection are life enhancing gifts from the plant kingdom, revered for centuries for their restorative properties.

Superior to all other supplements, our therapeutic grade essential oils deliver positive benefits to the body through smell and by direct absorption into the skin.

Used aromatically or applied topically, our essential oils can help calm, energize, balance, purify and rejuvenate mind, body and spirit.



## AROMACHOLOGY LEMON ESSENTIAL OIL Order Code - LMONEO

Lemon oil has a sweet, warm lemony aroma that helps uplift and energize the mind.

In vapor therapy can be used to relieve cold and flu symptoms, depression, stress, lack of energy and fatigue. Also relieves irritation, improve concentration, lift the spirits and clear the mind.

Used in a massage oil or diluted in the bath can also assist with digestive problems, lack of energy, fatigue, infections, flu, obesity, rheumatism, depression and stress.

Can be used in a cream or lotion to balance oily skin and clear acne. The antibiotic nature of the oil is also helpful in treating cuts and minor wounds while the stimulating action of the oil helps reduce cellulite by improving blood circulation.

To create an effective mouthwash simply disperse a few drops of oil in a glass of warm water and gargle.

Lemon oil blends well with lavender, rose, sandalwood, rosemary, eucalyptus, rose geranium, cardamom, juniper berry and neroli

**Cautions:** possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children. Avoid using on skin exposed to direct sunlight or UV rays.

**Oil Origin - Italy**  
**Ingredients – Essential oil of Lemon ( Citrus limonum )**



**AROMACHOLOGY**  
**BERGAMOT ESSENTIAL OIL**  
Order Code - BERGEO

Bergamot oil has a strong citrus aroma that helps awaken and uplift the mind.

In vapor therapy can be used to relieve depression, respiratory problems, colds and flu symptoms and PMS.

Used in a massage oil or diluted in the bath can assist with stress, tension, PMS, postnatal depression, colds and flu, anxiety, depression and exhaustion.

Can be used in a blended base cream to treat wounds, cuts, psoriasis, oily skin, eczema, acne and cold sores.

Bergamot oil blends well with black pepper, clary sage, cypress, frankincense, rose geranium, nutmeg, orange, rosemary, sandalwood and vetiver.

**Cautions:** possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children. Avoid using on skin exposed to direct sunlight or UV rays.

Oil Origin - Italy  
Ingredients – Essential oil of Bergamot ( Citrus bergamia )



**AROMACHOLOGY**  
**LAVENDER ESSENTIAL OIL**  
Order Code - LVNDREO

Lavender oil has a sweet floral aroma that helps relax, soothe and calm the mind.

In vapor therapy can be used for alleviate allergies, dizziness, sleeplessness, hay fever, headaches, depression, trauma, anxiety and irritability.

Used in a massage oil or diluted in the bath can help relieve allergies, arthritis, hay fever, headaches, insomnia, moodiness, anxiety, depression, irritability, nervous tension, tense muscles and muscle spasms.

Can be used in a cream or lotion to help speed healing of burns resulting in less scarring. The anti-inflammatory and calming nature of the oil also helps balance the skin and can be used for dermatitis, eczema, psoriasis and acne.

Lavender oil blends well with cedar wood, vetiver, fir needle, clary sage, blue chamomile, rose geranium, cardamom and all citrus oils.

**Cautions:** possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Can be use directly on the skin without dilution. Keep out of reach of children.

Oil Origin - France  
Ingredients – Essential oil of Lavender ( Lavandula angustifolia )



**AROMACHOLOGY**  
**ROSE GERANIUM ESSENTIAL OIL**  
Order Code - RSGRMEO

Rose Geranium oil has a green, rosy aroma that helps uplifting and relax the mind.

In vapor therapy can be used to help relieve stress, mild depression, PMS, anxiety and tension.

Used in a massage oil or diluted in the bath can assist with PMS, depression, stress, anxiety, tension, fluid retention, eczema, cellulite and bruises.

Can be used in a blended cream or lotion to help alleviate eczema, ease burn and scald pain, reduce cellulite and assist in balancing skin oil production.

Rose Geranium oil blends well with basil, bergamot, carrot seed, cedarwood, citronella, clary sage, grapefruit, jasmine, lavender, lime, neroli, orange and rosemary.

**Cautions:** possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children.

**Oil Origin - Egypt**  
**Ingredients – Essential oil of Rose Geranium ( Pelargonium graveolens )**

**AROMACHOLOGY**  
**EUCALYPTUS ESSENTIAL OIL**  
Order Code - EUCAEO

Eucalyptus oil has a sharp, medicinal aroma that helps stimulate and awaken the mind.

In vapor therapy can be used alleviate hay fever, nasal and chest congestion, respiratory problems and headaches.

Used in a massage oil or diluted in the bath can relieve arthritis pain, asthma, bronchitis, mucous congestion, colds, headaches, rheumatism, sinusitis, fatigue and muscular aches and pains.

To relieve chest congestion and sore throats from colds blend a 2 drops of Eucalyptus oil into 3 tablespoons of Sweet Almond or Olive oil and rub into upper chest and throat area.

Eucalyptus oil blends well with rosemary, peppermint, lavender, lemongrass, lemon, grapefruit, tea tree, spearmint and fir needle

**Cautions:** possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children.

**Oil Origin - China**  
**Ingredients – Essential oil of Eucalyptus ( Eucalyptus globulus )**



**AROMACHOLOGY**  
**BASIL ESSENTIAL OIL**  
Order Code - BASLEO

Basil oil has a light, clear peppery aroma that helps uplift, refresh and energize the mind.

In vapor therapy, basil oil can be used for migraines, headaches and to help increase concentration and clear the mind.

Used in a massage oil or diluted in the bath can help relieve arthritis, muscular and menstrual pains.

Basil oil blends well with bergamot, black pepper, cedar wood, ginger, rose geranium, grapefruit, lavender, lemon, marjoram and neroli

**Cautions:** possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children.

Oil Origin - India

Ingredients – Essential oil of Basil ( *Ocimum basilicum* )

**AROMACHOLOGY**  
**ROSEMARY ESSENTIAL OIL**  
Order Code - RSMRYEO

Rosemary oil has a sharp, herbaceous aroma that helps promote clarity, energy and rejuvenation.

In vapor therapy can be helpful in treating respiratory congestion, fatigue, sinusitis and mental and physical tiredness. Can also improve memory and promote clear thinking.

Used in a massage oil or diluted in the bath can assist with mucus congestion, muscular aches, cramps, stiff neck, fatigue, rheumatism, arthritis, colds, bronchitis, scalp disorders, mental fatigue and physical tiredness.

Can be used in a blended cream or lotion to improve blood circulation and decongest the skin.

When added to shampoo can increase blood circulation to the scalp and thereby improve hair growth, body and shine.

Rosemary blends well with cedar wood, citronella, rose geranium, lavender, lemongrass, lemon, tea tree and peppermint

**Cautions:** possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children.

Oil Origin - Spain

Ingredients – Essential oil of Rosemary ( *Rosmarinus officinalis* )



**AROMACHOLOGY**  
**LEMONGRASS ESSENTIAL OIL**  
Order Code - LMGRSEO

Lemongrass oil has a soft lemony aroma that helps promote renewal and peace.

In vapor therapy can be used to treat nervousness and lethargy or as an insect repellent.

Used in a massage oil or diluted in the bath can assist with reducing cellulite, treat infections, soothe nervousness and relax over exerted muscles.

Can be used in a blended cream or lotion it can help reduce cellulite as well as toning the skin, opening blocked pores and helping with acne. The oil's antiseptic properties are also useful in treating athlete's foot and other fungal infections.

Lemongrass oil blends well with basil, cedar wood, orange, rose geranium, jasmine, lavender and tea tree

**Cautions:** possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children. Avoid using on skin exposed to direct sunlight or UV rays.

Oil Origin - India  
Ingredients – Essential oil of Lemongrass ( *Cymbopogon citrates* )

**AROMACHOLOGY**  
**LIME ESSENTIAL OIL**  
Order Code - LIMEEEO

Lime oil has a very tart lemony aroma that helps promote energy and alertness.

In vapor therapy, lime oil can be used to awaken and revitalizing the mind while dispelling apathy, anxiety and depression.

Used in a massage oil or diluted in the bath can help relieve muscle and joint pain, ease respiratory problems and reduce cellulite.

Can be used in a blended cream or lotion can help clear oily skin and reduce cellulite.

Lime oil blends well with neroli, lavender, basil, rose geranium, orange, grapefruit, clary sage and cedar wood

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical and internal use. Keep out of reach of children. Avoid using on infants and very small children. Avoid using on skin exposed to direct sunlight or UV rays.

Oil Origin - Italy  
Ingredients – Essential oil of Lime ( *Citrus auratifolia* )



**AROMACHOLOGY  
CYPRESS ESSENTIAL OIL  
Order Code - CYPRSEO**

Cypress oil has a light woody aroma that helps calm and sooth the mind.

In vapor therapy can be used to treat breathing difficulties such as asthma, emphysema and bronchitis.

Used in a massage oil or diluted in the bath can help relieve arthritis, asthma, cellulite, cramps, sweaty feet, rheumatism and varicose veins.

Can be used in a blended cream or lotion to treat varicose and broken veins and to help clear oily and congested skin.

Add a few drops to a footbath to help control perspiration and deodorize feet.

Cypress oil blends well with bergamot, clary sage, lavender, juniper berry, marjoram, sandalwood, rosemary, frankincense and all the citrus oils

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - India**

**Ingredients – Essential oil of Cypress ( Cupressus sempervirens )**

**AROMACHOLOGY  
VETIVER ESSENTIAL OIL  
Order Code -VTVREO**

Vetiver oil has an earthy, smoky grounding aroma that helps promote inner peace and comfort.

In vapor therapy can be used to calm nervous dispositions, dispel anger and irritability and also to relieve insomnia.

Used in a massage oil or diluted in the bath can help soothe both mind and body, alleviate insomnia as well as ease muscle pain and ache.

Can be used in a blended cream or lotion to moisturize and nourish dry, irritated skin. Also helpful in reducing wrinkles and stretch marks and to tone skin.

Vetiver oil blends well with grapefruit, lemon, fir needle, rose geranium, lavender and bergamot.

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - Indonesia**

**Ingredients – Essential oil of Vetiver ( Vetiveria zizanoides )**



**AROMACHOLOGY**  
**SANDALWOOD ESSENTIAL OIL**  
Order Code - SDLWDEO

Sandalwood oil has a subtle, lingering woody aroma that helps promote harmony and peace.

In vapor therapy can be used for its aphrodisiac effect, to help clear bronchitis, coughs, chest infections, asthma, insomnia, irritability and stress.

Used in a massage oil or diluted in the bath can help alleviate chest infections, bronchitis, eczema and insomnia. It is also commonly used as an aphrodisiac.

Can be used in a blended cream or lotion to help soothe dry and irritated skin and minimize the effects of ageing.

Sandalwood oil blends well with bergamot, black pepper, lavender, rose geranium, vetiver and frankincense.

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

Oil Origin - India  
Ingredients – Essential oil of Sandalwood ( *Santalum album* )

**AROMACHOLOGY**  
**SPEARMINT ESSENTIAL OIL**  
Order Code - SPEAREO

Spearmint oil has a sweet soft minty aroma that helps promote calmness, security and peace.

In vapor therapy can be used for alleviating headaches, migraines, nervous conditions, asthma, sinusitis and catarrh.

Used in a massage oil or diluted in the bath can help relieve stress, fatigue, nervous conditions and itchy skin.

Spearmint oil blends well with basil, orange, fir needle, eucalyptus, lavender, rosemary and peppermint.

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

Oil Origin - Egypt  
Ingredients – Essential oil of Spearmint ( *Mentha spicata* )



**AROMACHOLOGY  
GINGER ESSENTIAL OIL  
Order Code - GINGEO**

Ginger oil has an sharp, warm, spicy aroma that helps promote comfort and peace.

In vapor therapy can be used to help relieve the effects of fatigue, nausea, colds and flu.

Used in a massage oil or diluted in the bath can help alleviate muscle pains associated with arthritis, rheumatism, over work, colds and flu.

Can be used in a blended cream or lotion to help treat arthritis, muscle aches, rheumatism and to improve poor circulation.

Add a drop or two to a handkerchief and inhale to relieve nausea, morning sickness, indigestion, colds and flu symptoms and travel sickness.

Ginger oil blends well with all citrus and spicy oils as well as bergamot, frankincense, neroli, rose geranium, sandalwood and lavender

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - India  
Ingredients – Essential oil of Ginger ( Zingiber officinalis )**

**AROMACHOLOGY  
PALMAROSA ESSENTIAL OIL  
Order Code - PMARSEO**

Palmarosa oil has a green, rosy aroma that helps soothe nervous and stress-related problems.

In vapor therapy can help relieve fatigue, nervousness, exhaustion and stress, while having an uplifting effect on the mind.

Used in a massage oil or diluted in the bath can help overcome exhaustion and stress and prevent scarring.

Can be used in a blended cream or lotion to moisturize skin and balance the natural secretion of sebum thereby keeping skin supple and elastic. On cellular level, it helps rejuvenate the skin by stimulating the formation of new tissue.

Palmarosa oil blends well with rose geranium, bergamot, lemon, clary sage, rosemary, lime and lavender

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - India  
Ingredients – Essential oil of Palmarosa ( Cymbopogon martini )**



**AROMACHOLOGY  
CLOVE ESSENTIAL OIL  
Order Code - CLOVEO**

Clove oil has a strong, warm spicy aroma that stimulates the mind.

In vapor therapy can be useful for bronchitis and dizziness and to help lift depression, while strengthening memory and fighting weakness and lethargy. This oil is very strong so caution should be taken as it can easily irritate mucous membranes.

Used in a massage oil or diluted in the bath can help alleviate chills, colds, muscular numbness, spasms, rheumatism and arthritis. For toothache relief apply a drop to a cotton swab and dab onto the aching tooth.

Add a drop of Clove oil to a glass of warm water and gargle to create an antibacterial mouthwash.

Clove oil blends well with basil, cinnamon, lavender, ginger, sandalwood and clary sage and orange

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - Indonesia**  
**Ingredients – Essential oil of Clove ( *Eugenia caryophyllus* )**

**AROMACHOLOGY  
JUNIPER BERRY ESSENTIAL OIL  
Order Code - JNPREO**

Juniper oil has a light, clear, woody aroma that helps calm, purify and refresh the mind.

In vapor therapy juniper oil can be used for the treatment of nervous tension and to empower the spirit.

Used in a massage oil or diluted in the bath can help alleviate arthritis pain, reduce cellulite, ease nervous tension and reduce muscle fatigue.

Can be used in a blended cream or lotion to treat oily skin and acne, eczema, dermatitis, blocked pores, psoriasis and other inflammatory skin ailments.

Juniper oil blends well with cedar wood, cypress, geranium, grapefruit, lavender, bergamot, lime, vetiver, clary sage and lemongrass

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - India**  
**Ingredients – Essential oil of Juniper Berry ( *Juniperus communis* )**



**AROMACHOLOGY**  
**FRANKINCENSE ESSENTIAL OIL**  
Order Code - FRANKEO

Frankincense oil has a light, spicy, woody aroma that helps calm, balance and relax the mind.

In vapor therapy can be used to treat bronchitis, colds, coughs, reduce anxiety and to promote internal peace.

Used in a massage oil or diluted in the bath can help alleviate colds and cough symptoms, improve poor circulation and relieve exhaustion.

Can be used in a blended cream or lotion to help rejuvenate, tone and diminish wrinkles in mature skin.

Frankincense blends well with neroli, rose geranium, sandalwood, lavender, orange, bergamot and lemon

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - Oman**  
**Ingredients – Essential oil of Frankincense ( Boswellia carteri )**

**AROMACHOLOGY**  
**CARROT SEED ESSENTIAL OIL**  
Order Code - CRRTSDEO

Carrot Seed oil has a lightly sweet, grassy, earthy aroma that helps purify, ground and center the mind.

In vapor therapy can be used to relieve stress and muscle pains.

Can be used in a blended cream or lotion to rejuvenate, soften and smooth the skin by stimulating cell regeneration.

Used in a massage oil or diluted in the bath can help detoxify the body and alleviate muscle pains.

It blends well with other oils including bergamot, juniper berry, lavender, lemon, lime, cedar wood, rose geranium and cinnamon.

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - India**  
**Ingredients – Essential oil of Carrot Seed ( Daucus carota )**



**AROMACHOLOGY**  
**NEROLI ESSENTIAL OIL**  
Order Code - NERLIEO

Neroli oil has a sweet, lightly floral aroma helps soothe , uplift and relax mind.

In vapor therapy can be used to treat insomnia, nervous tension, headaches, depression as well as anxiety and shock.

Used in a massage oil or diluted in the bath can help with insomnia, headaches, upset stomach and for rejuvenating the skin.

Can be used in a blended cream or lotion to diminish stretch marks and broken capillaries on the skin and prevent scarring. Helps stimulate cell growth to repair damaged skin.

Neroli oil blends particularly well with all citrus oils, rose geranium, jasmine, lavender, sandalwood, frankincense and rosemary.

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - Tunisia**  
**Ingredients – Essential oil of Neroli ( Citrus aurantium )**

**AROMACHOLOGY**  
**TEA TREE ESSENTIAL OIL**  
Order Code - TEATREO

Tea tree oil has a strong medicinal aroma and an awakening effect on the mind.

In vapor therapy can be used to alleviate cold, sinusitis, bronchitis and other respiratory ailments.

Used in a massage oil or diluted in the bath can help treat arthritis, colds, dermatitis, skin infections, scalp disorders, sinusitis, viral infections and bronchitis. Can also relieve athlete's foot and other fungal infections.

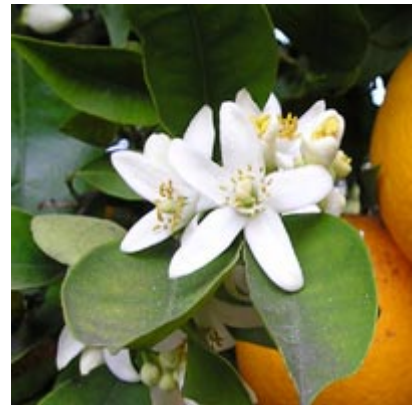
Can be used as a mouthwash for gum infections, mouth ulcers, throat infections and tonsillitis.

Can be used in a blended cream or lotion to clear up any fungal, bacterial or viral infections. As such this oil is useful in treating abscesses, acne, dandruff and other scalp disorders.

Tea tree oil blends well with cinnamon, clary sage, clove, rose geranium, lavender, lemon, nutmeg, rosemary and thyme

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - Australia**  
**Ingredients – Essential oil of Tea Tree ( Melaleuca alterifolia )**



**AROMACHOLOGY  
CINNAMON ESSENTIAL OIL  
Order Code - CINNEO**

Cinnamon oil has a strong spicy aroma that helps warm, comfort and calm the mind.

In vapor therapy can be used to alleviate acute bronchitis and colds and lift depression. Caution should be used as this oil can easily irritate mucous membranes.

Used in a massage oil or diluted in the bath can help assist with bronchitis, chills, infections, flu, rheumatism and arthritis. Due to its very powerful antiseptic properties it is good for fighting any infectious diseases. Also useful in alleviating muscular and joint pains and in improving poor circulation.

It blends well with clove, cardamom, frankincense, ginger, grapefruit, lavender, rosemary, orange and thyme.

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - China**  
**Ingredients – Essential oil of Cinnamon ( Cinnamomum cassia )**



**AROMACHOLOGY  
PATCHOULI ESSENTIAL OIL  
Order Code - PATCHEO**

Patchouli oil has a musky sweet spicy aroma that helps calm, balance and soothe the mind.

In vapor therapy can be used to fight anxiety and depression and as an aphrodisiac.

Used in a massage oil or diluted in the bath can help fight depression, alleviate skin, scalp and fungal infections, help break down cellulite and also alleviate dermatitis.

Can be used in a blended cream or lotion to help tissue regeneration and stimulate new skin cell growth. Also speeds up healing and minimizes scar formation. Effective treatment for acne, eczema, slow healing wounds, scalp disorders and fungal infections.

Patchouli oil blends well with bergamot, clary sage, cinnamon, clove, star anise, rose geranium, lavender and orange.

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - Indonesia**  
**Ingredients – Essential oil of Patchouli ( Cymbopogon cablin )**



**AROMACHOLOGY  
ORANGE ESSENTIAL OIL  
Order Code - ORNGEO**

Orange oil has a strong sweet citrus aroma that helps uplift, brighten and warm the mind.

In vapor therapy can help alleviate cold and flu symptoms, nervous tension and stress. This oil promotes a feeling of happiness and joy.

Used in a massage oil or diluted in the bath can help relieve cold and flu symptoms, eliminate toxins, boost the lymphatic and immune system and help ease nervous tension and stress.

Can be used in a blended cream or lotion to help detoxify congested oily skin, relieve dermatitis and soothe dry, irritated skin.

Orange oil blends well with black pepper, patchouli, cedar wood, cinnamon, clove, ginger, frankincense, sandalwood and vetiver

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children. Avoid using on skin exposed to direct sunlight or UV rays.

**Oil Origin - Brazil**  
**Ingredients – Essential oil of Sweet Orange ( Citrus sinensis )**

**AROMACHOLOGY  
GRAPEFRUIT ESSENTIAL OIL  
Order Code - GRPFRTFO**

Grapefruit oil has a refreshing, citrus aroma that helps awaken, uplift and re-energize the mind.

In vapor therapy grapefruit oil can help alleviate headache pain, mental exhaustion and depression.

Used in a massage oil or diluted in the bath can help reduce cellulite, relieve cold and flu symptoms, increase energy and promote mental and physical renewal.

Can be used in a blended cream or lotion to clear oily and acne prone skin while also helping reduce cellulite and excess water retention.

Grapefruit essential oil blends well with bergamot, lavender, orange, rose geranium, palmarosa, carrot seed and frankincense

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - Italy**  
**Ingredients – Essential oil of Grapefruit ( Citrus paradisi )**



**AROMACHOLOGY**  
**BLUE CHAMOMILE ESSENTIAL OIL**  
Order Code - BLCMLEO

Blue Chamomile oil has a strong straw –like, green apple aroma and can help calm, relax and soothe the mind.

In vapor therapy can help relieve nervousnes, headaches and migraines.

Used in a massage oil or diluted in the bath can help alleviate allergy symptoms, insomnia, minimize muscle and joint pain and post-natal depression.

Can be used in a blended cream or lotion to relieve diaper rash, soothe burns and sunburn and reduce skin inflammation.

Blue Chamomile blend well with bergamot, clary sage, lavender, rose geranium, tea tree, grapefruit, lemon and orange.

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - India**

**Ingredients – Essential oil of Blue Chamomile ( Matricaria chamomilla )**

**AROMACHOLOGY**  
**CLARY SAGE ESSENTIAL OIL**  
Order Code - CLRYSGEO

Clary sage oil has a sweet, nutty, herbal aroma that helps balance, soothe and relax the mind.

In vapor therapy can be used to help ease nervous tension, stress, depression, anxiety, insomnia and menopause.

Used in a massage oil or diluted in the bath can help alleviate muscle ache, depression, anxiety, menstrual problems, PMS, stress, insomnia and cramps.

Can be used in a blended cream or lotion to help relieve back and neck pain and to balance and clear oily complexions.

Clary Sage blends well with juniper berry, bergamot, lavender, rose geranium, sandalwood, frankincense and other citrus oils

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - Russia**

**Ingredients – Essential oil of Clary Sage ( Salvia sclarea )**



**AROMACHOLOGY  
CITRONELLA ESSENTIAL OIL  
Order Code - CITROEO**

Citronella oil has a lightly sweet, lemony aroma that can help clear, relax and refresh the mind.

Primarily known for its benefit as an insecticide and mosquito repellent.

In vapor therapy can be used alleviate cold and flu symptoms, for clearing the mind and to refresh and purify a room.

Can be used in a blended cream or lotion to freshen tired sweaty feet.

Citronella blends well with bergamot, rose geranium, lemon, orange, lavender and cedar wood

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - India**

**Ingredients – Essential oil of Citronella ( Cymbopogon nardus )**



**AROMACHOLOGY  
MARJORAM ESSENTIAL OIL  
Order Code - MARJEO**

Marjoram oil has a warm slightly spicy aroma that can help soothe, calm and relax the mind.

In vapor therapy can be used to help relieve asthma, bronchitis, poor circulation, coughs, physical exhaustion, headaches, tension, insomnia, sinusitis, anxiety and stress.

Used in a massage oil or diluted in the bath can help treat arthritis, muscle pain, bronchitis, poor circulation, colds, coughs, physical exhaustion, fatigue, headaches, tension, insomnia, painful periods and anxiety.

Marjoram oil blends well with lavender, cypress, cedar wood, chamomile, bergamot, eucalyptus and tea tree.

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - India**

**Ingredients – Essential oil of Marjoram ( Origanum majorana )**



**AROMACHOLOGY  
NUTMEG ESSENTIAL OIL  
Order Code - NTMGEO**

Nutmeg oil has a sharp, musky, spicy aroma that can help stimulate, awaken and invigorate the mind.

In vapor therapy can be used to help relieve nervous tension and muscular aches and pains.

Used as a blended massage oil or diluted in the bath can help treat muscular ache and pain, rheumatism and poor circulation.

Nutmeg oil blends well with black pepper, cypress, rose geranium, clary sage, rosemary and orange

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - India**

**Ingredients – Essential oil of Nutmeg ( Myristica fragrans )**



**AROMACHOLOGY**  
**PEPPERMINT ESSENTIAL OIL**  
**Order Code - PPRMNTEO**

Peppermint oil has a strong minty aroma that can help invigorate, awaken and refresh the mind.

In vapor therapy, peppermint oil can help increase concentration and to energize the mind. Also useful in relieving headache pain.

Used in a massage oil or diluted in the bath can help treat cramps, muscle pains, poor circulation, sweaty and tired feet, headaches, nausea and mental fatigue. L

Add 2 drops of this oil to a glass of warm water to help relieve bad breath and gum infections.

Can be used in a blended cream or lotion to help relieve sunburn sting, cool inflamed skin and reduce itchiness.

Peppermint oil blends well with spearmint, tea tree, eucalyptus, lavender, marjoram, lemon and rosemary.

**Cautions:** Possible skin sensitivity. Dilution recommended for both topical use. Keep out of reach of children. Avoid using on infants and very small children

**Oil Origin - India**

**Ingredients – Essential oil of Peppermint ( Mentha piperita )**



Essential Oil	Botanical Name	Origin	13ml	1L
All Prices are USD			0 - 500	0 - 50
Pricing subject to confirmation at time of order			Amber / Blue Glass Bottles / Outer tube / Label	Aluminum Cans
Basil	Ocimum basilicum	India	\$3.90	\$50.70
Bergamot	Citrus bergamia	Italy	\$4.49	\$76.70
Black Pepper	Piper nigrum	India	\$6.05	\$130.00
Chamomile Blue	Matricaria chamomilla	India	\$19.76	\$1040.00
Carrot Seed	Daucus carota	India	\$7.48	\$214.50
Cassia ( Cinnamom )	Cinnamomum cassia	China	\$3.86	\$35.10
Cardamon	Eletteria cardamomum	India	\$9.56	\$416.00
Cedar Wood	Cupressus funebris	China	\$3.61	\$28.60
Clove Bud	Eugenia caryophyllata	Indonesia	\$3.97	\$52.00
Cypress	Cupressus sempervirens	India	\$6.96	\$182.00
Eucalyptus	Eucalyptus globulus	China	\$3.84	\$31.20
Fir Needle	Abies siberica	Russia	\$5.33	\$101.40
Frankincense	Boswellia cateri	Oman	\$5.40	\$84.50
Geranium	Pelargonium graveolens	Egypt	\$8.11	\$253.50
Ginger	Zingiber officinalis	India	\$6.38	\$227.50
Grapefruit	Citrus paradisi	Italy	\$5.07	\$84.50
Harshingar ( Coral Jasmine )	Nyctanthes Arborescens	India	\$7.84	\$214.50
Juniper Berry	Juniperus communis	India	\$5.92	\$110.50
Litsea cubeba	Litsea cubeba	China	\$4.10	\$32.50
Lemongrass	Cymbopogon citratus	India	\$4.23	\$40.30
Lime	Citrus aurantifolia	Italy	\$4.94	\$62.40
Lavender	Lavandula angustifolia	Kashmir	\$6.50	\$123.50
Lavandin	Lavandula hybrida	France	\$5.07	\$75.40
Neroli	Citrus aurantium	Tunisia	\$8.00	\$227.50
Orange	Citrus sinensis	Brazil	\$3.77	\$24.70
Palmarosa	Cymbopogon martini	India	\$4.88	\$52.00
Patchouli	Pogostemon cablin	Indonesia	\$8.84	\$260.00
Peppermint	Mentha piperita	China	\$4.16	\$45.50
Spearmint	Mentha spicata	China	\$4.23	\$48.10
Tea Tree	Melaleuca Alternifolia	Australia	\$6.11	\$117.00
Vetiver	Vetiveria zizanioides	India	\$7.93	\$195.00
Wintergreen	Gaultheria Procumbens	China	\$3.84	\$20.80
Ylang Ylang III	Cananga odorata	Madagascar	\$4.62	\$54.60
Carrier Oils			90ml	1L
Sweet Almond	Prunus dulcis	Spain	\$3.61	\$32.12
Pomegranate	Punica granatum	India	\$11.70	\$104.00
Camellia	Camellia oleifera	China	\$2.54	\$22.53
Jjoba	Simmondsia chinensis	Australia	\$5.92	\$52.65
Shea Butter	Butyrospermum parkii	Ghana	N/A	\$15.60

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